

34. Süderelbe Halbmarathon

am 1.11.2009 in Hamburg-Neugraben - Hamburg-Neugraben

Ergebnisliste

10-km Lauf

Männer

| | | | | | | |
|---------|-----|-------------------|------|----|----------------|-------|
| 1. /4. | 639 | Schlag, Marcel | 1987 | HH | LG HNF Hamburg | 39:01 |
| 2. /11. | 624 | Stelzner, Tobias | 1985 | HH | LG HNF Hamburg | 41:36 |
| 3. /14. | 731 | McClung, Gregory | 1983 | HH | Hamburg | 42:30 |
| 4. /16. | 684 | Külper, Michael | 1987 | HH | Hamburg | 42:49 |
| 5. /19. | 689 | Westphalen, Jan | 1981 | HH | Hamburg | 43:15 |
| 6. /25. | 719 | Drosdowski, Finn | 1981 | HH | LAV Husum | 44:01 |
| 7. /27. | 613 | Stoltenow, Stefan | 1980 | HH | Hamburg | 44:10 |
| 8. /29. | 625 | Schaeffer, Andrew | 1983 | HH | Hamburg | 44:28 |

10-km Lauf

Frauen

| | | | | | | |
|---------|-----|---------------------|------|----|----------------|-------|
| 1. /55. | 601 | Lichtenfeld, Miriam | 1980 | HH | Hamburg | 49:44 |
| 2. /75. | 610 | Zenziper, Vlada | 1983 | HH | Sanofi-Aventis | 55:07 |

10-km Lauf

Männl. Jugend A

| | | | | | | |
|---------|-----|-----------------------|------|----|---------|-------|
| 1. /99. | 616 | Pschenitschnyj, Artur | 1990 | HH | Hamburg | 59:48 |
|---------|-----|-----------------------|------|----|---------|-------|

10-km Lauf

Weibl. Jugend A

| | | | | | | |
|---------|-----|---------------|------|----|----------------|-------|
| 1. /97. | 614 | Dalen, Sandra | 1991 | HH | LG HNF Hamburg | 59:47 |
|---------|-----|---------------|------|----|----------------|-------|

10-km Lauf

Männl. Jugend B

| | | | | | | |
|--------|-----|------------------|------|----|---------------|-------|
| 1. /7. | 683 | Campbell, Philip | 1992 | HH | TSG Bergedorf | 40:32 |
|--------|-----|------------------|------|----|---------------|-------|

10-km Lauf

Senioren M30

| | | | | | | |
|---------|-----|------------------------|------|----|-------------------|-------|
| 1. /24. | 648 | Abram, Sören | 1976 | HH | Hamburg | 43:58 |
| 2. /32. | 727 | Schröder, Stanley | 1976 | HH | Post SV Buxtehude | 45:03 |
| 3. /36. | 717 | Jewiarz, Julien | 1977 | HH | Hamburg | 45:39 |
| 4. /50. | 726 | Dekarski, Daniel | 1979 | HH | Buxtehude | 48:53 |
| 5. /60. | 707 | Bergstrau, Gerben | 1977 | HH | Hamburg | 51:08 |
| 6. /63. | 673 | Büttner, Mirko | 1975 | | Hamburg | 51:17 |
| 7. /74. | 640 | Schulte-Derne, Michael | 1977 | HH | Seevetal | 54:45 |

10-km Lauf

Seniorinnen W30

| | | | | | | |
|---------|-----|---------------------|------|----|-----------------------------|---------|
| 1. /26. | 663 | Dörscher, Christine | 1975 | HH | SG TSV Kronshagen/Kieler TB | 44:06 |
| 2. /80. | 600 | Rosenbaum, Inga | 1979 | HH | Hamburg | 56:36 |
| 3. /96. | 659 | Scholl, Linda | 1977 | HH | Hamburg | 59:46 |
| 4. /111 | 725 | Takacs, Anna | 1979 | HH | Göttingen | 1:04:17 |

10-km Lauf

Senioren M35

| | | | | | | |
|----------|-----|-----------------------|------|----|------------------------|---------|
| 1. /1. | 641 | Poyatos, Jose Carlos | 1973 | HH | Airbus | 37:46 |
| 2. /2. | 638 | Kirchknopf, Lars | 1973 | HH | LG Bremen-Nord | 38:32 |
| 3. /8. | 709 | Rülke, Christian | 1970 | HH | TSV Wandsetal | 41:08 |
| 4. /28. | 722 | Hagemann, Tom | 1973 | HH | TSH Team Bergamont | 44:23 |
| 5. /39. | 634 | Sanz, Andre | 1970 | HH | Hamburg | 46:53 |
| 6. /45. | 706 | Schulze, Oliver | 1970 | HH | OS Runner | 48:25 |
| 7. /58. | 650 | Gliemke, Enrico | 1973 | HH | Hamburg | 50:11 |
| 8. /59. | 646 | Baars, Stefan | 1974 | HH | BSG Germanischer Lloyd | 50:19 |
| 9. /78. | 623 | Möller, Sven | 1972 | HH | Buchholz | 56:16 |
| 10. /79. | 685 | Kappes, Jens | 1970 | HH | Lauenburg | 56:32 |
| 11. /87. | 630 | Storm, Philipp | 1974 | HH | Hamburg | 57:32 |
| 12. /88. | 629 | Poeck, Lars | 1974 | HH | Hamburg | 57:35 |
| 13. /89. | 730 | Hochstätter, Bernhard | 1974 | HH | Frankfurt | 58:02 |
| 14. /93. | 651 | Harz, Norbert | 1973 | HH | FC St. Pauli | 59:09 |
| 15. /104 | 710 | Madaus-Jochen, Jens | 1970 | HH | Kaltenkirchener TS | 1:01:32 |

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Ergebnisliste

10-km Lauf

Seniorinnen W35

| | | | | | | |
|---------|-----|-------------------|------|----|----------------|---------|
| 1. /68. | 633 | Sanz, Silvia | 1972 | HH | RG UNI Hamburg | 52:26 |
| 2. /100 | 622 | Holtzmann, Birgit | 1970 | HH | Tangstedt | 1:00:06 |

10-km Lauf

Senioren M40

| | | | | | | |
|----------|-----|-------------------|------|----|--------------------|---------|
| 1. /3. | 691 | Westphal, Jochen | 1966 | HH | LG Elmshorn | 38:37 |
| 2. /6. | 720 | Alpoim, Adao | 1967 | HH | Hamburg | 40:05 |
| 3. /9. | 635 | Grützmaker, Frank | 1967 | HH | Neu Wulmstorf | 41:19 |
| 4. /17. | 664 | Willms, Andreas | 1968 | HH | TS Westerhof | 42:53 |
| 5. /21. | 699 | Wolter, Ralf | 1966 | HH | LG HNF Hamburg | 43:23 |
| 6. /22. | 602 | Korallus, Hartmut | 1965 | HH | LG HNF Hamburg | 43:26 |
| 7. /23. | 680 | Sporleder, Ole | 1969 | HH | 100 Marathon Club | 43:32 |
| 8. /52. | 716 | Patzer, Jörg-Ingo | 1965 | HH | Hamburg | 49:23 |
| 9. /56. | 694 | Vorlicek, Thomas | 1965 | HH | TSH Team Bergamont | 50:03 |
| 10. /69. | 657 | Unger, Tim | 1966 | HH | Hamburg | 52:57 |
| 11. /77. | 671 | Scholz, Daniel | 1969 | HH | Hamburg | 55:58 |
| 12. /90. | 729 | Drumm, Ralf | 1966 | HH | Haltersheim | 58:28 |
| 13. /109 | 649 | Kontze, Rainer | 1965 | HH | Hamburg | 1:02:47 |
| 14. /110 | 702 | Hastedt, Jürgen | 1965 | HH | Tus Bothel | 1:03:28 |

10-km Lauf

Seniorinnen W40

| | | | | | | |
|---------|-----|-------------------|------|----|---------------------------|-------|
| 1. /48. | 637 | Stamm, Silke | 1968 | HH | Hamburg | 48:48 |
| 2. /61. | 677 | Barghusen, Simone | 1967 | HH | Todtglüsinger SV | 51:10 |
| 3. /62. | 669 | Haasler, Doris | 1965 | HH | BSG Spk Harburg-Buxtehude | 51:11 |
| 4. /81. | 603 | Harz, Christine | 1969 | HH | BSG Finanzamt Blankenese | 56:49 |
| 5. /82. | 670 | Golchert, Iris | 1966 | HH | BSG Spk Harburg-Buxtehude | 56:55 |
| 6. /85. | 626 | Adams, Nathalie | 1967 | HH | Hamburg | 57:18 |

10-km Lauf

Senioren M45

| | | | | | | |
|----------|-----|----------------------|------|----|-----------------|---------|
| 1. /12. | 678 | Hamann, Klaus-Dieter | 1961 | HH | Tus Fleestedt | 41:49 |
| 2. /15. | 708 | Civelek, Andreas | 1963 | HH | Barsbütteler SV | 42:48 |
| 3. /20. | 618 | Pille, Bernd | 1963 | HH | LG HNF Hamburg | 43:17 |
| 4. /30. | 687 | Smolinski, Adam | 1960 | HH | Hamburg | 44:55 |
| 5. /31. | 654 | Brandhorst, Stefan | 1964 | HH | LAV Zeven | 45:02 |
| 6. /34. | 655 | Fiehnen, Heino | 1962 | HH | LAV Zeven | 45:18 |
| 7. /40. | 723 | Eckhardt, Hendrik | 1961 | HH | Hamburger SC | 46:59 |
| 8. /43. | 724 | Martin, Andreas | 1960 | HH | Hamburg | 48:04 |
| 9. /44. | 645 | Mahl, Ralf | 1962 | HH | Buxtehude | 48:05 |
| 10. /47. | 715 | Bendig, Uwe | 1961 | HH | SVKH | 48:42 |
| 11. /49. | 696 | Samulewicz, Michael | 1964 | HH | Elmshorn | 48:49 |
| 12. /66. | 665 | Schroeder, Stefan | 1960 | HH | Hamburg | 51:44 |
| 13. /71. | 617 | Diedrich, Ralph | 1962 | HH | BSG Siemens | 53:24 |
| 14. /76. | 686 | Voutta, Gerhard | 1961 | HH | Hamburg | 55:55 |
| 15. /97. | 658 | Beste, Jürgen | 1960 | HH | Hamburg | 59:47 |
| 16. /100 | 621 | Neddermeyer, Thomas | 1963 | HH | Tangstedt | 1:00:06 |
| 17. /112 | 688 | Rudolph, Axel | 1964 | HH | LG HNF Hamburg | 1:05:02 |

10-km Lauf

Seniorinnen W45

| | | | | | | |
|---------|-----|-------------------|------|----|------------------|---------|
| 1. /33. | 676 | Jordan, Claudia | 1964 | HH | PSV Buxtehude | 45:05 |
| 2. /83. | 698 | Lovón, Katia | 1964 | HH | LAV Hamburg-Nord | 57:06 |
| 3. /86. | 712 | Goede, Petra | 1963 | HH | BSV Holborn | 57:21 |
| 4. /95. | 667 | Janssen, Gabriela | 1960 | HH | Fleckeby | 59:29 |
| 5. /103 | 695 | John, Carmen | 1964 | HH | Hamburg | 1:01:05 |
| 6. /116 | 681 | Mundorf, Monika | 1961 | HH | Hamburg | 1:08:23 |
| 7. /117 | 604 | Sturm, Susanne | 1964 | HH | Jork | 1:26:24 |

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Ergebnisliste

10-km Lauf

Senioren M50

| | | | | | | |
|----------|-----|----------------------|------|----|---------------------------|---------|
| 1. /5. | 732 | Slawinski, Wieslaw | 1955 | HH | HSV | 40:00 |
| 2. /10. | 653 | Schul, Bernd | 1955 | HH | LAV Zeven | 41:28 |
| 3. /18. | 627 | Fründt, Hans-Jürgen | 1957 | HH | LG Strandlöper | 43:13 |
| 4. /35. | 718 | Fischer, Hans-Heiner | 1956 | HH | LG HNF Hamburg | 45:28 |
| 5. /41. | 713 | Braasch, Dietmar | 1957 | HH | Hamburg | 47:42 |
| 6. /42. | 697 | Cordes, Henry | 1955 | HH | VfL Fredenbeck | 47:48 |
| 7. /51. | 611 | Knappe, Ralf | 1959 | HH | Hamburg | 49:11 |
| 8. /64. | 701 | Rohde, Günther | 1958 | HH | Tus Bothel | 51:20 |
| 9. /65. | 700 | Klinkhardt, Jürgen | 1957 | HH | Team Erdinger Alkoholfrei | 51:22 |
| 10. /106 | 674 | Faby, Martin | 1955 | HH | Hamburg | 1:02:24 |
| 11. /107 | 666 | Janssen, Jan | 1956 | HH | Fleckeby | 1:02:44 |
| 12. /108 | 652 | Mundorf, Frank | 1959 | HH | Hamburg | 1:02:46 |

10-km Lauf

Senioren M55

| | | | | | | |
|---------|-----|----------------------|------|----|-----------------|---------|
| 1. /37. | 620 | Drosdowski, Udo | 1951 | HH | LAV Husum | 46:26 |
| 2. /38. | 728 | Brücker, Uwe | 1950 | HH | Bahrenfelder SV | 46:49 |
| 3. /53. | 668 | Dringelburg, Jens | 1953 | HH | LG HNF Hamburg | 49:36 |
| 4. /54. | 682 | Dr. Cordes, Godehard | 1950 | HH | LG HNF Hamburg | 49:38 |
| 5. /102 | 656 | Winter, Harmann | 1950 | HH | Hamburg | 1:00:25 |
| 6. /115 | 636 | Koch, Günter | 1953 | HH | Wedel | 1:07:53 |

10-km Lauf

Seniorinnen W55

| | | | | | | |
|---------|-----|------------------|------|----|----------------------|---------|
| 1. /73. | 661 | Husmeier, Ursula | 1953 | HH | SV Scharnebeck | 54:28 |
| 2. /113 | 644 | Jäschke, Renate | 1952 | HH | SV Blau-Weiß 96 e.V. | 1:06:54 |

10-km Lauf

Senioren M60

| | | | | | | |
|---------|-----|----------------------|------|----|------------------|-------|
| 1. /13. | 615 | Deters, Bernd | 1948 | HH | Ahrensburger TSV | 42:03 |
| 2. /57. | 714 | Winter, Max-Reinhard | 1945 | HH | SVKH | 50:05 |

10-km Lauf

Seniorinnen W60

| | | | | | | |
|---------|-----|-------------------|------|----|---------|-------|
| 1. /84. | 608 | Bockholdt, Monika | 1948 | HH | Hamburg | 57:12 |
|---------|-----|-------------------|------|----|---------|-------|

10-km Lauf

Senioren M65

| | | | | | | |
|---------|-----|------------------|------|----|--------------------------|-------|
| 1. /46. | 679 | Wehlitz, Dieter | 1944 | HH | LG HNF Hamburg | 48:36 |
| 2. /72. | 693 | Wagner, Norbert | 1944 | HH | TSV Buxtehude-Altkloster | 54:07 |
| 3. /94. | 690 | Samulewicz, Hans | 1940 | HH | Hamburg | 59:28 |

10-km Lauf

Seniorinnen W65

| | | | | | | |
|---------|-----|----------------------|------|----|---------|---------|
| 1. /105 | 662 | Hann-Yoshida, Yukiko | 1942 | HH | Hamburg | 1:02:18 |
|---------|-----|----------------------|------|----|---------|---------|

10-km Lauf

Senioren M70

| | | | | | | |
|---------|-----|---------------------|------|----|----------------------|---------|
| 1. /67. | 675 | Holst, Harald | 1938 | HH | Hamburg | 52:24 |
| 2. /70. | 711 | Dietrich, Peter | 1939 | HH | LG HNF Hamburg | 53:10 |
| 3. /91. | 721 | Hantelmann, Horst | 1936 | HH | Elmshorn | 58:30 |
| 4. /92. | 660 | Johnke, Artur | 1939 | HH | PSV Buxtehude | 58:33 |
| 5. /114 | 643 | Reinfelder, Gerhard | 1936 | HH | SV Blau-Weiß 96 e.V. | 1:07:09 |

10-km Lauf

| | | | | | | |
|------------|-----|----------------------|------|----|----------------|-------|
| 1. /1. M35 | 641 | Poyatos, Jose Carlos | 1973 | HH | Airbus | 37:46 |
| 2. /2. M35 | 638 | Kirchknopf, Lars | 1973 | HH | LG Bremen-Nord | 38:32 |
| 3. /1. M40 | 691 | Westphal, Jochen | 1966 | HH | LG Elmshorn | 38:37 |
| 4. /1. Mä | 639 | Schlag, Marcel | 1987 | HH | LG HNF Hamburg | 39:01 |
| 5. /1. M50 | 732 | Slawinski, Wieslaw | 1955 | HH | HSV | 40:00 |
| 6. /2. M40 | 720 | Alpoim, Adao | 1967 | HH | Hamburg | 40:05 |

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Ergebnisliste

| | | | | | | | | |
|-----|------|-----|-----|----------------------|------|----|---------------------------|-------|
| 7. | /1. | mJB | 683 | Campbell, Philip | 1992 | HH | TSG Bergedorf | 40:32 |
| 8. | /3. | M35 | 709 | Rülke, Christian | 1970 | HH | TSV Wandsetal | 41:08 |
| 9. | /3. | M40 | 635 | Grütmacher, Frank | 1967 | HH | Neu Wulmstorf | 41:19 |
| 10. | /2. | M50 | 653 | Schul, Bernd | 1955 | HH | LAV Zeven | 41:28 |
| 11. | /2. | Mä | 624 | Stelzner, Tobias | 1985 | HH | LG HNF Hamburg | 41:36 |
| 12. | /1. | M45 | 678 | Hamann, Klaus-Dieter | 1961 | HH | Tus Fleestedt | 41:49 |
| 13. | /1. | M60 | 615 | Deters, Bernd | 1948 | HH | Ahrensburger TSV | 42:03 |
| 14. | /3. | Mä | 731 | McClung, Gregory | 1983 | HH | Hamburg | 42:30 |
| 15. | /2. | M45 | 708 | Civelek, Andreas | 1963 | HH | Barsbütteler SV | 42:48 |
| 16. | /4. | Mä | 684 | Külper, Michael | 1987 | HH | Hamburg | 42:49 |
| 17. | /4. | M40 | 664 | Willms, Andreas | 1968 | HH | TS Westerhof | 42:53 |
| 18. | /3. | M50 | 627 | Fründt, Hans-Jürgen | 1957 | HH | LG Strandlöpser | 43:13 |
| 19. | /5. | Mä | 689 | Westphalen, Jan | 1981 | HH | Hamburg | 43:15 |
| 20. | /3. | M45 | 618 | Pille, Bernd | 1963 | HH | LG HNF Hamburg | 43:17 |
| 21. | /5. | M40 | 699 | Wolter, Ralf | 1966 | HH | LG HNF Hamburg | 43:23 |
| 22. | /6. | M40 | 602 | Korallus, Hartmut | 1965 | HH | LG HNF Hamburg | 43:26 |
| 23. | /7. | M40 | 680 | Sporleder, Ole | 1969 | HH | 100 Marathon Club | 43:32 |
| 24. | /1. | M30 | 648 | Abram, Sören | 1976 | HH | Hamburg | 43:58 |
| 25. | /6. | Mä | 719 | Drosdowski, Finn | 1981 | HH | LAV Husum | 44:01 |
| 26. | /7. | Mä | 613 | Stoltenow, Stefan | 1980 | HH | Hamburg | 44:10 |
| 27. | /4. | M35 | 722 | Hagemann, Tom | 1973 | HH | TSH Team Bergamont | 44:23 |
| 28. | /8. | Mä | 625 | Schaeffer, Andrew | 1983 | HH | Hamburg | 44:28 |
| 29. | /4. | M45 | 687 | Smolinski, Adam | 1960 | HH | Hamburg | 44:55 |
| 30. | /5. | M45 | 654 | Brandhorst, Stefan | 1964 | HH | LAV Zeven | 45:02 |
| 31. | /2. | M30 | 727 | Schröder, Stanley | 1976 | HH | Post SV Buxtehude | 45:03 |
| 32. | /6. | M45 | 655 | Fiehnen, Heino | 1962 | HH | LAV Zeven | 45:18 |
| 33. | /4. | M50 | 718 | Fischer, Hans-Heiner | 1956 | HH | LG HNF Hamburg | 45:28 |
| 34. | /3. | M30 | 717 | Jewiarz, Julien | 1977 | HH | Hamburg | 45:39 |
| 35. | /1. | M55 | 620 | Drosdowski, Udo | 1951 | HH | LAV Husum | 46:26 |
| 36. | /2. | M55 | 728 | Brücker, Uwe | 1950 | HH | Bahrenfelder SV | 46:49 |
| 37. | /5. | M35 | 634 | Sanz, Andre | 1970 | HH | Hamburg | 46:53 |
| 38. | /7. | M45 | 723 | Eckhardt, Hendrik | 1961 | HH | Hamburger SC | 46:59 |
| 39. | /5. | M50 | 713 | Braasch, Dietmar | 1957 | HH | Hamburg | 47:42 |
| 40. | /6. | M50 | 697 | Cordes, Henry | 1955 | HH | VfL Fredenbeck | 47:48 |
| 41. | /8. | M45 | 724 | Martin, Andreas | 1960 | HH | Hamburg | 48:04 |
| 42. | /9. | M45 | 645 | Mahl, Ralf | 1962 | HH | Buxtehude | 48:05 |
| 43. | /6. | M35 | 706 | Schulze, Oliver | 1970 | HH | OS Runner | 48:25 |
| 44. | /1. | M65 | 679 | Wehlitz, Dieter | 1944 | HH | LG HNF Hamburg | 48:36 |
| 45. | /10. | M45 | 715 | Bendig, Uwe | 1961 | HH | SVKH | 48:42 |
| 46. | /11. | M45 | 696 | Samulewicz, Michael | 1964 | HH | Elmshorn | 48:49 |
| 47. | /4. | M30 | 726 | Dekarski, Daniel | 1979 | HH | Buxtehude | 48:53 |
| 48. | /7. | M50 | 611 | Knappe, Ralf | 1959 | HH | Hamburg | 49:11 |
| 49. | /8. | M40 | 716 | Patzer, Jörg-Ingo | 1965 | HH | Hamburg | 49:23 |
| 50. | /3. | M55 | 668 | Dringelburg, Jens | 1953 | HH | LG HNF Hamburg | 49:36 |
| 51. | /4. | M55 | 682 | Dr. Cordes, Godehard | 1950 | HH | LG HNF Hamburg | 49:38 |
| 52. | /9. | M40 | 694 | Vorlicek, Thomas | 1965 | HH | TSH Team Bergamont | 50:03 |
| 53. | /2. | M60 | 714 | Winter, Max-Reinhard | 1945 | HH | SVKH | 50:05 |
| 54. | /7. | M35 | 650 | Gliemke, Enrico | 1973 | HH | Hamburg | 50:11 |
| 55. | /8. | M35 | 646 | Baars, Stefan | 1974 | HH | BSG Germanischer Lloyd | 50:19 |
| 56. | /5. | M30 | 707 | Bergstrau, Gerben | 1977 | HH | Hamburg | 51:08 |
| 57. | /6. | M30 | 673 | Büttner, Mirko | 1975 | | Hamburg | 51:17 |
| 58. | /8. | M50 | 701 | Rohde, Günther | 1958 | HH | Tus Bothel | 51:20 |
| 59. | /9. | M50 | 700 | Klinkhardt, Jürgen | 1957 | HH | Team Erdinger Alkoholfrei | 51:22 |
| 60. | /12. | M45 | 665 | Schroeder, Stefan | 1960 | HH | Hamburg | 51:44 |
| 61. | /1. | M70 | 675 | Holst, Harald | 1938 | HH | Hamburg | 52:24 |
| 62. | /10. | M40 | 657 | Unger, Tim | 1966 | HH | Hamburg | 52:57 |
| 63. | /2. | M70 | 711 | Dietrich, Peter | 1939 | HH | LG HNF Hamburg | 53:10 |
| 64. | /13. | M45 | 617 | Diedrich, Ralph | 1962 | HH | BSG Siemens | 53:24 |
| 65. | /2. | M65 | 693 | Wagner, Norbert | 1944 | HH | TSV Buxtehude-Alt-kloster | 54:07 |

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Ergebnisliste

| | | | | | | | | |
|-----|------|-----|-----|------------------------|------|----|----------------------|---------|
| 66. | /7. | M30 | 640 | Schulte-Derne, Michael | 1977 | HH | Seevetal | 54:45 |
| 67. | /14. | M45 | 686 | Voutta, Gerhard | 1961 | HH | Hamburg | 55:55 |
| 68. | /11. | M40 | 671 | Scholz, Daniel | 1969 | HH | Hamburg | 55:58 |
| 69. | /9. | M35 | 623 | Möller, Sven | 1972 | HH | Buchholz | 56:16 |
| 70. | /10. | M35 | 685 | Kappes, Jens | 1970 | HH | Lauenburg | 56:32 |
| 71. | /11. | M35 | 630 | Storm, Philipp | 1974 | HH | Hamburg | 57:32 |
| 72. | /12. | M35 | 629 | Poeck, Lars | 1974 | HH | Hamburg | 57:35 |
| 73. | /13. | M35 | 730 | Hochstätter, Bernhard | 1974 | HH | Frankfurt | 58:02 |
| 74. | /12. | M40 | 729 | Drumm, Ralf | 1966 | HH | Haltersheim | 58:28 |
| 75. | /3. | M70 | 721 | Hantelmann, Horst | 1936 | HH | Elmshorn | 58:30 |
| 76. | /4. | M70 | 660 | Johnke, Artur | 1939 | HH | PSV Buxtehude | 58:33 |
| 77. | /14. | M35 | 651 | Harz, Norbert | 1973 | HH | FC St. Pauli | 59:09 |
| 78. | /3. | M65 | 690 | Samulewicz, Hans | 1940 | HH | Hamburg | 59:28 |
| 79. | /15. | M45 | 658 | Beste, Jürgen | 1960 | HH | Hamburg | 59:47 |
| 80. | /1. | mJA | 616 | Pschenitschnyj, Artur | 1990 | HH | Hamburg | 59:48 |
| 81. | /16. | M45 | 621 | Neddermeyer, Thomas | 1963 | HH | Tangstedt | 1:00:06 |
| 82. | /5. | M55 | 656 | Winter, Harmann | 1950 | HH | Hamburg | 1:00:25 |
| 83. | /15. | M35 | 710 | Madaus-Jochen, Jens | 1970 | HH | Kaltenkirchener TS | 1:01:32 |
| 84. | /10. | M50 | 674 | Faby, Martin | 1955 | HH | Hamburg | 1:02:24 |
| 85. | /11. | M50 | 666 | Janssen, Jan | 1956 | HH | Fleckeby | 1:02:44 |
| 86. | /12. | M50 | 652 | Mundorf, Frank | 1959 | HH | Hamburg | 1:02:46 |
| 87. | /13. | M40 | 649 | Kontze, Rainer | 1965 | HH | Hamburg | 1:02:47 |
| 88. | /14. | M40 | 702 | Hastedt, Jürgen | 1965 | HH | Tus Bothel | 1:03:28 |
| 89. | /17. | M45 | 688 | Rudolph, Axel | 1964 | HH | LG HNF Hamburg | 1:05:02 |
| 90. | /5. | M70 | 643 | Reinfelder, Gerhard | 1936 | HH | SV Blau-Weiß 96 e.V. | 1:07:09 |
| 91. | /6. | M55 | 636 | Koch, Günter | 1953 | HH | Wedel | 1:07:53 |

10-km Lauf

| | | | | | | | | |
|-----|-----|-----|-----|----------------------|------|----|-----------------------------|---------|
| 1. | /1. | W30 | 663 | Dörscher, Christine | 1975 | HH | SG TSV Kronshagen/Kieler TB | 44:06 |
| 2. | /1. | W45 | 676 | Jordan, Claudia | 1964 | HH | PSV Buxtehude | 45:05 |
| 3. | /1. | W40 | 637 | Stamm, Silke | 1968 | HH | Hamburg | 48:48 |
| 4. | /1. | Fr | 601 | Lichtenfeld, Miriam | 1980 | HH | Hamburg | 49:44 |
| 5. | /2. | W40 | 677 | Barghusen, Simone | 1967 | HH | Todtglüsinger SV | 51:10 |
| 6. | /3. | W40 | 669 | Haasler, Doris | 1965 | HH | BSG Spk Harburg-Buxtehude | 51:11 |
| 7. | /1. | W35 | 633 | Sanz, Silvia | 1972 | HH | RG UNI Hamburg | 52:26 |
| 8. | /1. | W55 | 661 | Husmeier, Ursula | 1953 | HH | SV Scharnebeck | 54:28 |
| 9. | /2. | Fr | 610 | Zenziper, Vlada | 1983 | HH | Sanofi-Aventis | 55:07 |
| 10. | /2. | W30 | 600 | Rosenbaum, Inga | 1979 | HH | Hamburg | 56:36 |
| 11. | /4. | W40 | 603 | Harz, Christine | 1969 | HH | BSG Finanzamt Blankenese | 56:49 |
| 12. | /5. | W40 | 670 | Golchert, Iris | 1966 | HH | BSG Spk Harburg-Buxtehude | 56:55 |
| 13. | /2. | W45 | 698 | Lovón, Katia | 1964 | HH | LAV Hamburg-Nord | 57:06 |
| 14. | /1. | W60 | 608 | Bockholdt, Monika | 1948 | HH | Hamburg | 57:12 |
| 15. | /6. | W40 | 626 | Adams, Nathalie | 1967 | HH | Hamburg | 57:18 |
| 16. | /3. | W45 | 712 | Goede, Petra | 1963 | HH | BSV Holborn | 57:21 |
| 17. | /4. | W45 | 667 | Janssen, Gabriela | 1960 | HH | Fleckeby | 59:29 |
| 18. | /3. | W30 | 659 | Scholl, Linda | 1977 | HH | Hamburg | 59:46 |
| 19. | /1. | wJA | 614 | Dalen, Sandra | 1991 | HH | LG HNF Hamburg | 59:47 |
| 20. | /2. | W35 | 622 | Holtzmann, Birgit | 1970 | HH | Tangstedt | 1:00:06 |
| 21. | /5. | W45 | 695 | John, Carmen | 1964 | HH | Hamburg | 1:01:05 |
| 22. | /1. | W65 | 662 | Hann-Yoshida, Yukiko | 1942 | HH | Hamburg | 1:02:18 |
| 23. | /4. | W30 | 725 | Takacs, Anna | 1979 | HH | Göttingen | 1:04:17 |
| 24. | /2. | W55 | 644 | Jäschke, Renate | 1952 | HH | SV Blau-Weiß 96 e.V. | 1:06:54 |
| 25. | /6. | W45 | 681 | Mundorf, Monika | 1961 | HH | Hamburg | 1:08:23 |
| 26. | /7. | W45 | 604 | Sturm, Susanne | 1964 | HH | Jork | 1:26:24 |

34. Süderelbe Halbmarathon

am 1.11.2009 in Hamburg-Neugraben - Hamburg-Neugraben

Ergebnisliste

5-km Lauf

| | | | | | | | | |
|-----|-----|-----|-----|--------------------|------|----|---------------------------|-------|
| 1. | /1. | M45 | 907 | Kupper, Frank | 1964 | HH | Lusaner SC 1980 | 18:37 |
| 2. | /1. | M40 | 900 | Lubeseder, André | 1968 | HH | TH Eilbeck | 18:49 |
| 3. | /1. | M30 | 901 | Geis, Thomas | 1979 | HH | JPH Racing Team | 18:55 |
| 4. | /1. | M35 | 920 | Rathje, Jan | 1974 | HH | THW Kiel | 20:41 |
| 5. | /2. | M40 | 923 | Staehr, Andreas | 1968 | HH | TSV Tritttau | 21:42 |
| 6. | /1. | M09 | 910 | Houston, Gregory | 2000 | HH | LAV Zeven | 22:56 |
| 7. | /2. | M45 | 914 | Gladbach, Ulrich | 1962 | HH | PSV Buxtehude | 23:02 |
| 8. | /1. | M50 | 902 | Kunzmann, Norbert | 1957 | HH | BDR RG UNI HH | 23:23 |
| 9. | /3. | M45 | 922 | Stein, Thorsten | 1962 | HH | MTV Tostedt | 23:48 |
| 10. | /3. | M40 | 905 | Beiß, Steffen | 1965 | HH | Hamburg | 24:40 |
| 11. | /1. | M08 | 919 | Ramm, Pelle | 2001 | HH | TV Fischbek | 24:43 |
| 12. | /1. | Mä | 918 | Eickhof, Kai | 1981 | HH | Team Erdinger alkoholfrei | 24:51 |
| 13. | /2. | M50 | 909 | Fuchs, Peter | 1959 | HH | SC Alstertal | 25:08 |
| 14. | /3. | M50 | 912 | Knauth, Bernd | 1957 | HH | Willy-Sport.de | 26:30 |
| 15. | /1. | M55 | 924 | Lopez, Jose | 1953 | HH | HTB | 28:39 |
| 16. | /1. | M60 | 917 | Tiedtke, Udo | 1949 | HH | BSC Spk. Stade-Altes Land | 28:39 |
| 17. | /1. | M70 | 911 | Brummerloh, Erhard | 1938 | HH | TSV Worpsswede | 28:52 |
| 18. | /2. | M09 | 927 | Fabri, Ira | 2000 | HH | Hamburg | 31:00 |
| 19. | /1. | M75 | 925 | Schreiber, Herbert | 1932 | HH | Delmenhorst | 48:26 |

5-km Lauf

| | | | | | | | | |
|----|-----|-----|-----|-------------------|------|----|---------------------|-------|
| 1. | /1. | W30 | 903 | Felten, Nadine | 1975 | HH | Hamburger Sportclub | 20:30 |
| 2. | /1. | W45 | 916 | Friedrich, Brigit | 1962 | HH | LG Kehdingen | 21:37 |
| 3. | /1. | W11 | 921 | Stein, Laurine | 1998 | HH | MTV Tostedt | 23:44 |
| 4. | /1. | wJB | 913 | Gladbach, Nele | 1992 | HH | PSV Buxtehude | 25:37 |
| 5. | /1. | W40 | 926 | Fabri, Florence | 1969 | HH | Hamburg | 31:04 |
| 6. | /1. | W60 | 928 | Fabri, Helga | 1946 | HH | Hamburg | 37:01 |

5-km Walking

| | | | | | | | | |
|----|-----|-----|-----|---------------|------|----|---------|-------|
| 1. | /1. | M70 | 906 | Röder, Ulrich | 1935 | HH | Hamburg | 40:36 |
|----|-----|-----|-----|---------------|------|----|---------|-------|

5-km Walking

| | | | | | | | | |
|----|-----|-----|-----|---------------|------|----|-------|-------|
| 1. | /1. | W55 | 915 | Borde, Renate | 1950 | HH | SV KH | 39:43 |
|----|-----|-----|-----|---------------|------|----|-------|-------|